**Well Balanced Healthcare Co,.Ltd.**

**高雄市左營區自由二路230號2樓台灣**

**2F., No. 230, Ziyou 2nd Rd., Zuoying Dist., Kaohsiung City 813, Taiwan (R.O.C.)**

**Tel : 886 75581026**

**Visceral Manipulation: THE PELVIS (VM3)**

**內臟筋膜鬆動術：骨盆(第三階段)**

**日期Date: 2024/10/24~2024/10/27**

**語言：中英文講義、英文演講、中文口譯**

**時間Time :** 9:00 a.m. to 5:00 p.m. Days 1-3

(中文口譯研習內容需時較長可能延至p.m.6:00下課)

9:00 a.m. to 3:30 p.m. Day 4

(中文口譯研習內容需時較長可能延至p.m.4:30下課)

**一、研習簡介 Course Description :**

In this advanced level workshop students will study those organ systems of the pelvis not previously presented, integrate the pelvic organs with the complex ligament system of the body regions, and give methods for differentiation between somatic and visceral causes for pelvic and low back problems. It includes lecture, demonstration and practice for each technique presented.

此進階研習中，學員將接觸新的人體領域―骨盆腔的臟器系統，並整合骨盆內臟器與複雜身體韌帶系統。除此之外，課程涵蓋骨盆及下背問題的原因鑑別診斷技術，分辨問題的源頭來自身體或臟器。四天研習包括講習、每個技巧的示範及練習。

**研習重點 Course Highlights：**

* 複習腹部筋膜、臟器及壓力系統之解頗生理。

Review abdominal fascial, organ and pressure system anatomy/physiology.

* 傳授Barral大師的骨盆腔臟器評估及治療技巧，其中包括骨盆內臟器與複雜身體韌帶系統的整合。

Identify, receive and conduct Jean-Pierre Barral method of evaluation and treatment for the organ systems of the pelvic cavity, including the integration of the pelvic organs with the complex ligament systems of that body region.

* 以軟組織張力原理為基礎，將骨盆與身體之間的關聯性融會貫通。

Integrate the pelvis into the body with principles of Soft Tissue Lines of Tension.

* 如何區辨骨盆及下背問題的癥結點，問題來自身體或臟器?

Explain techniques for differentiating between somatic and visceral causes for pelvic and low back problems.

* 實際鬆動特定器官的外部筋膜，如:子宮、卵巢、膀胱、輸尿管、前列腺及直腸。

Practice organ specific external fascial mobilization for the uterus, ovaries, bladder, ureters, prostate and rectum.

**□報名資格Prerequisite : 修畢VM2 (Abdomen 2) 內臟筋膜鬆動術：腹部第二階段。**

**推薦閱讀Required Advance Reading：**

《[Urogenital Manipulation](http://shop.iahe.com/Product-List/Textbooks/Urogenital-Manipulation)》by Jean-Pierre Barral, RPT, DO.

(**本書WB健康學苑有販售，歡迎洽詢)**

**●講師介紹 Instructor:Rita Benamor**

**Rita Benamor,DO,CST-D,BI-D**，在英國牛津布魯克斯大學學習骨病學，並於 Upledger 機構和歐洲及美國 Barral 機構研究神經、人工關節手術及顱薦椎手法。她在葡萄牙里斯本的私人診所工作,並在里斯本的骨病學大學 IMT 教授解剖生理學。Rita Benamor 是國際 Barral Institute 的 Visceral Manipulation 第一階到第四階，以及 Neural Manipulation 第一階的認證講師;並同時是 Upledger Institute International 的 CST1&2 認證講師。她擅長各國語言,以英語、葡萄牙語、西班牙語、法語、意大利語、俄文於世界各地教授國際認證課程。

**研習表Class Outline :**

**第一天 Day One**

9:00 - 10:00 Review of Visceral Manipulation; Abdomen 1 and 2

10:00 - 10:30 Pelvic Pressure Systems

10:30 - 10:45 Break

10:45 - 11:30 Relationship of the pelvic/urogenital system with the abdominal cavity

11:30 - 12:30 Biomechanics of the hard frame

12:30 - 2:00 Lunch

2:00 - 5:00 Sacrum and coccyx techniques

**第二天 Day Two**

9:00 - 9:30 Review from previous day

9:30 - 10:30 Anatomy, biomechanics and function of the bladder

10:30 - 10:45 Break

10:45 - 12:30 Bladder techniques

12:30 - 2:00 Lunch

2:00 -  3:30 Bladder techniques

3:30 -  4:15 Review of the kidneys

4:15 -  5:00 Anatomy, biomechanics and function of the ureters

**第三天 Day Three**

9:00 -   9:30 Review from previous day

9:30 - 10:30 Ureter techniques

10:30 - 10:45 Break

10:45 - 12:00 Anatomy, biomechanics and function of the uterus

12:00 - 1:30 Lunch

1:30 - 3:30 Uterus techniques

3:30 - 3:45 Break

3:45 - 5:00 Anatomy, biomechanics and function of the ovaries

**第四天 Day Four**

9:00 - 9:15 Review from previous day

9:15 - 10:30 Anatomy, biomechanics and function of the prostate

10:30 - 10:45 Break

10:45 - 12:00 Anatomy, biomechanics and function of the rectum, rectal techniques

12:00 - 1:00 Lunch

1:00 - 2:00 Pelvic Plexus

2:00 - 2:30 Listening techniques within the pelvic cavity

2:30 - 3:30 Practical integration of the pelvic cavity

Techniques to include lines of tension stacking

**二、主辦單位Organizer :**

嘉衡健康事業股份有限公司 Well Balanced Healthcare Co,.Ltd.

**三、協辦單位Co-organiser：**嘉衡健康研究中心

**四、研習地點Study place：**高雄市左營區自由二路230號**2樓**

Well Balanced Physiotherapy Clinic: **2F**., No. 230, Ziyou 2nd Rd., Zuoying Dist., Kaohsiung City 813, Taiwan (R.O.C.))

**五、人數上限: 30人(含複訓2名)**

**Maximum number of class student: 30 people (including 2 people of refresher training)**

**※複訓者：請填寫資料在備註欄裡註明<複訓,以及第一次上課的年月份>。**

**※For those who are returning training to the class: Please fill in your information and indicate < refresher training, and the year /month of the first class> in the remarks column.**

**六、****報名方式與費用The way to register and fee**

**■**研習費用**34000元**

費用不包括午餐，課間休息時間提供茶水及小點心。

**■Course fee: NT$ 34000**

The fee does not include lunch. Tea、water and snacks available during breaks.

**◆匯款資料如下:**

**國內匯款帳號如下:台新銀行代號:(812)古亭分行**

**帳號:2040-01-0000338-4**

**戶名:嘉衡健康事業股份有限公司**

**■國外匯款資料如下:**

**The international payment details are as follows :**

**◆受款人資料 (Beneficiary Information)：**

|  |  |
| --- | --- |
| 受款銀行(A/C with Bank) | Taishin International Bank   (SWIFT Code：TSIBTWTP) |
| 受款銀行地址(Bank Address) | **6F, No.17, Sec.2, Jianguo N. Rd., Zhongshan Dist., Taipei City 104, Taiwan (R.O.C)** |
| 分行別(Branch) | Kuting Branch |
| 受款人姓名(Beneficiary's Name) | WELL BALANCED HEALTHCARE CO., LTD. |
| 受款人帳號(Beneficiary's A/C No.) | 2040-01-00003384 |
| 受款人電話(Beneficiary's Tel No.) | 07-5581026 |
| 受款人地址(Beneficiary's Address) | 3 F., No. 230, Ziyou 2nd Rd., Zuoying Dist., Kaohsiung City 81358, Taiwan (R.O.C.) |

\*\*國外報名學員:

請於七天內匯款並傳送匯款資訊單的照片及匯款日期，傳送至我們的Email：wellbalanced0001@gmail.com經核對款項後，您的名字進入已匯款名單並完成報名。

經核對款項後，您的名字進入已匯款名單並完成報名。

\*\*國外匯款帳號，可匯入美金或台幣，依照每堂研習費用不同，會有匯差，我們採<多退少補>，差額的費用請於研習中洽詢櫃台人員。

Please make the transfer within seven days and send a photo of the remittance slip and the remittance date to our email: wellbalanced0001@gmail.com. After verifying the funds, your name will be added to the list of completed payments and your registration will be finalized.

**\*\*Important Note for International Participants:**

**This account is designated for course payments and accepts both USD and NT$. Due to varying course fees, there may be exchange rate differences. We will adjust the balance accordingly, and any remaining fees can be settled at the registration desk during the course.**

**七、報名流程：sign-up procedure**

**◇登入報名連結系統→填寫報名表後，名字會在報名名單中，請於7天內完成匯款。經系統確認入帳，名字進入錄取名單，即完成報名。**

■報名順序:依照繳費完成之順序進行排序，若**逾期未完成繳費**程序，請先至報名系統內確認是否仍在報名名單，如仍在名單中，請盡速繳費 ; 若無在報名名單，請重新登入報名並繳費。

-如報名額滿，系統會從候補名單中通知，若有其它事項會公告在WB學苑網站，若有疑問，可傳訊息在WB學苑網站<https://www.facebook.com/wellbalanced01>

◇ Log in to the registration link system → After filling out the registration form, your name will appear on the registration list. Please complete the payment within seven days. Once the system confirms the payment, your name will be added to the admitted list, completing the registration.

■ Registration order: The order is based on the completion of the payment. If you fail to complete the payment within the given time, please check the registration system to see if your name is still on the registration list. If your name is still on the list, please make the payment as soon as possible; if your name is not on the list, please log in again to register and make the payment.

- If the registration is full, the system will notify you from the waiting list. Any other updates will be posted on the WB Academy website. If you have any questions, you can send a message on the WB Academy website: https://www.facebook.com/wellbalanced01.

If the registration quota is full, the system will notify you from the waiting list. If there are other matters, it will be announced on . <https://www.facebook.com/wellbalanced01>

**八、住宿資訊 Accommodation Information：**

**(一) 世奇商旅：**高雄市左營區裕誠路450號 / [電話](https://www.google.com.tw/search?q=%E4%B8%96%E5%A5%87%E5%95%86%E6%97%85+%E9%9B%BB%E8%A9%B1&ludocid=4271091172090042158&sa=X&ved=2ahUKEwih_fath6veAhXMTrwKHaVVDrIQ6BMwEXoECAsQMw)： [07 557 2299](https://www.google.com.tw/search?q=%E4%B8%96%E5%A5%87%E5%95%86%E6%97%85&oq=%E4%B8%96%E5%A5%87&aqs=chrome.1.69i57j35i39j0l4.13339j0j8&sourceid=chrome&ie=UTF-8)，**步行500公尺**。

Shi Chi Hotel : No.450, Yucheng Rd., Zuoying Dist., Kaohsiung City 813, Taiwan (R.O.C.) / +886 7 5572299。550 meters by walking distance.

**(二)理歐111計時空間：**[地址](https://www.google.com.tw/search?q=%E7%90%86%E6%AD%90111%E8%A8%88%E6%99%82%E7%A9%BA%E9%96%93+%E5%9C%B0%E5%9D%80&stick=H4sIAAAAAAAAAOPgE-LVT9c3NEwys0w3zKpM15LNTrbSz8lPTizJzM-DM6wSU1KKUouLAaz7pZcwAAAA&ludocid=7354157466936074386&sa=X&ved=2ahUKEwiV3I-niKveAhWExrwKHfMCCpUQ6BMwFHoECAsQLQ)： 高雄市左營區立信路111號/ [電話](https://www.google.com.tw/search?q=%E7%90%86%E6%AD%90111%E8%A8%88%E6%99%82%E7%A9%BA%E9%96%93+%E9%9B%BB%E8%A9%B1&ludocid=7354157466936074386&sa=X&ved=2ahUKEwiV3I-niKveAhWExrwKHfMCCpUQ6BMwFXoECAsQMA)： [0982 170 885](https://www.google.com.tw/search?ei=S63WW-ErzJ3xBaWruZAL&hotel_occupancy=&q=%E9%AB%98%E9%9B%84%E9%87%8C%E6%AD%90111&oq=%E9%AB%98%E9%9B%84%E9%87%8C%E6%AD%90&gs_l=psy-ab.3.2.0l10.244726.250422.0.252490.26.19.5.1.1.0.139.1545.9j7.17.0....0...1c.1j4.64.psy-ab..3.20.1401.6..38j35i39k1j0i67k1j0i131i67k1j0i131k1.106.b8xnQc47FMg)，**步行500公尺**。

**(三)帕可麗酒店：**高雄市鼓山區文信路192號/[電話](https://www.google.com.tw/search?hl=zh-TW&hotel_dates=2018-11-26,2018-11-27&site=async/lcl_akp&q=%E5%B8%95%E5%8F%AF%E9%BA%97%E9%85%92%E5%BA%97+%E9%9B%BB%E8%A9%B1&ludocid=12013694650433789017&sa=X&ved=2ahUKEwjCpaXmjKveAhWJWbwKHZm4BKUQ6BMwBXoECAEQKA)： [07 962 8800](https://www.google.com.tw/search?hl=zh-TW&rlla=0&hotel_dates=2018-11-26%2C2018-11-27&tbm=lcl&ei=OrLWW6XtA43K8wW5ubX4Bg&hotel_occupancy=&q=%E5%B8%95%E5%8F%AF%E9%BA%97&oq=%E6%80%95%E5%8F%AF%E5%88%A9&gs_l=psy-ab.3.0.0i10k1.192275.193480.0.195438.9.9.0.0.0.0.128.921.4j5.9.0....0...1c.1j4.64.psy-ab..0.5.486...0j0i30k1j0i131k1j35i39k1.0.J6TvTrfk0hM)，**步行750公尺**。

Park Lees Hotel : No.192, Wenxin Rd., Gushan Dist., Kaohsiung City 804, Taiwan (R.O.C.) / +886 7 962 8800, 750 meters by walking distance

**(四)巨蛋旅店：**高雄市鼓山區文忠路1號 / [電話](https://www.google.com.tw/search?hl=zh-TW&hotel_dates=2018-11-26,2018-11-27&site=async/lcl_akp&q=r14+%E5%B7%A8%E8%9B%8B%E6%97%85%E5%BA%97+%E9%9B%BB%E8%A9%B1&ludocid=8203703382044264497&sa=X&ved=2ahUKEwjYk6GKjaveAhVJ6LwKHeGBBGoQ6BMwBXoECAEQKA)： [07 586 8388](https://www.google.com.tw/search?hl=zh-TW&rlla=0&hotel_dates=2018-11-26%2C2018-11-27&tbm=lcl&ei=_rLWW7W5DYbg8wXJqrPoAg&hotel_occupancy=&q=%E5%B7%A8%E8%9B%8B%E6%97%85%E5%BA%97&oq=%E5%B7%A8%E8%9B%8B&gs_l=psy-ab.3.3.35i39k1l2j0i67k1l2j0i131k1l2j0i67k1j0l3.70081.70742.0.74727.6.6.0.0.0.0.125.454.1j3.4.0....0...1c.1j4.64.psy-ab..2.2.241....0.mACptR4kotk)，**步行800公尺**。

Hotel R14: No. 1, Wenzhong Rd., Gushan Dist., Kaohsiung City 804, Taiwan (R.O.C.) /+886 7 586 8388, 800 meters by walking distance

**九、注意事項matters need attention**

**(一)**主辦單位提供茶水及小點心，請自備環保杯；若遇天災達停課標準，以網站公告及Line群組為主，不另行個別通知。

The organizer will provide tea and snacks, please bring your own eco-friendly cups. If a natural disaster reaches the standard of suspending classes, announcements on the website and Line groups will be the main ones without any individual notification.

**(二)退款機制:繳費後申請退費者，退費規定如下:** Mechanism for refund:

The refund regulations are as follows:

1.研習**60日前提出退費**申請者，酌收**行政作業費用2000元**。

Those who apply for the refund 60 days before the start of the course ，we will charge you administrative fee of NTD 2,000.

2.研習前第59日至30日提出退費申請者，退還當期開班約定繳納費用總額百分之80。

Those who apply for the refund during the 59th to 30th day before the start of classes we will refund you 80% of total fees for the current class.

3.研習前第30日至第7日提出退費申請者，退還當期開班約定繳納費用總額百分之50。

Those who apply for the refund from the 30th to the 7th day before the start of the class, we will refunded you 50% of total fee for the current class.

4.研習前第6天到前1天提出退費申請者，退還當期開班約定繳納費用總額百分之30。

Those who apply for the refund from the 6th day to 1 day before the start of the course, we will refund you 30% of total fee for the current class.

5.實際研習第1日（包含第1日）後，恕不退費。

No refunds will be given after the first day of class (including the first day).

詳細辦法，請參考WB學苑網站<https://www.facebook.com/wellbalanced01>

For details, please refer to the website of WELL BALANCED INSTITUTE.

<https://www.facebook.com/wellbalanced01>

**(三)**研習**開始前兩個月**，若**報名人數未達6成**，主辦單位保留舉辦與否的權利;如遇特殊因素，以致研習停止舉辦，則全額退費。

If the number of registrants does not reach 60% two months before the start of the course, the organizer reserves the right to cancel the course. In case of special circumstances leading to the cancellation of the course, a full refund will be issued.

**(四)**錄取名單中，如遇取消報名者，則由候補名單者中依順序遞補。

In the admission list, if there is a cancellation of registration, the candidates will be admitted in order.from the waiting list.

**(五)**為避免觸犯BI總部著作權之規定，**研習進行中請勿拍照及錄影**。

To avoid violating the copyright regulations of UI headquarters, please do not take photos or videos during the course.

**(六)**研習時間、地點如有更改，將另行通知，請務必填寫相關聯絡資訊。

If there are any changes of class time and location, we will notify you respectively. Please be sure to fill in the relevant contact information.

**(七)請著舒適、寬鬆的衣服，便於研習中的操作練習。.**

Please wear comfortable, loose-fitting clothing to facilitate the practice during the course.