



心意識全人學苑  
Heartfulness Education Ltd.



心意識全人學苑 Heartfulness Education Ltd.

2F., No. 230, Ziyou 2nd Rd., Zuoying Dist., Kaohsiung City, Taiwan (R.O.C.)

07-5581026

## 整體骨病學手法

# General Osteopathic Technique(GOT)

日期 Date: 2025/08/09~2025/08/12 共 4 天 (8 月 09 日 8:30 am 開始入場)

語言：中英文講義、英文演講、中文口譯

時間 Time : 9:00 a.m. to 5:00 p.m. Days 1-3

(口譯內容需時較長可能延至 p.m.6:00 下課)

9:00 a.m. to 3:30 p.m. Day 4

(口譯內容需時較長可能延至 p.m.4:30 下課)

### 一、研習簡介 Course Description :

- GOT definition: **Orderly and coordinate sequence of articular long lever techniques** , allowing the **diagnosis and the treatment** of the zones of **spinal and peripheral limitations** by **mobilization of joints and relaxation of soft tissues** .
- GOT is a **global approach** inside which **specific techniques** can be applied. Its ultimate aim is physiological with the recovery of the homeostasis.

GOT 定義：關節長槓桿的規則排列和協調性，可以藉由關節鬆動術和放鬆軟組織來診斷和治療脊椎和周邊受限的區域。GOT 是一個全面性的方法，可以在其中應用特定手法，最終目標是恢復身體的體內動態平衡。

- Indications of GOT:
  - Usable even without any precise indication, because assessment & treatment are done simultaneously, and holistically on principle.
  - Frame of healthcare in which the specific techniques can find their place.

#### PHYSIOLOGICAL CASES:

- Elders with multiple pains

- Sportsmen: preparation and recovering
- Disabled, or any person needing to be mobilised (maintain flexibility, raise vitality level)

#### PATHOLOGICAL, CHRONIC and ACUTE CASES:

- CHRONIC CASES: Treatment must be general (fight against compensations).
- ACUTE CASES: Specific or partial treatment can increase symptoms (painful zone).

#### INDICATIONS HEADLINES:

- Regulation of elimination
- Neurological system: Articular work: effects on mechanoreceptors, CNS integration
- Circulatory system (blood and lymph): Avoids stasis by softening soft tissues; T4-L3: vasomotricity, visceromotricity, proximity of IVC & aorta

#### • GOT 適應症：

即使沒有任何明確的適應症也可以使用，因為評估和治療原則是同時進行的，而且是整體的。這個特定手法可以在醫療院所及徒手相關保健中結合使用。

#### 生理情況：

- 有多種複雜疼痛的長者
- 運動員：準備和恢復。
- 殘疾人士或任何需要活動的人（保持彈性，提高活力水平）

#### 病理、慢性和急性個案：

- 慢性個案：  
治療必須是全體概括的（反對補償方式）。
- 急性個案：  
特定或部分治療可能會增加症狀（疼痛區）。

#### 適應症重點：

- 代謝的調節
- 神經系統：關節工作：對機械感受器、中樞神經系統整合的影響。
- 循環系統（血液和淋巴）：透過軟化軟組織來避免瘀滯。D4-L3：血管收縮性、內臟黏彈性、靠近下腔靜脈和主動脈

## 二、研討會重點 Course Highlight：

- GOT addresses **all parts of the patient' s body passively** laid in supine prone, side position, successively and bilaterally.  
GOT 在仰臥、趴姿及側臥下依序在身體兩側的所有部位做操作。
- Originally the GOT emphasized the spinal axis and the head and limbs were not considered.  
原始的 GOT 強調脊椎軸並沒有考量頭部和肢體
- Pierre VEY improved it by adding in the extremities component

Pierre VEY 的此專門手法能改善並增加了肢體的組成內容

- The GOT respects at any time the osteopathic essential concept of globality and aims for anatomical, mechanical and physiological integration of the various parts of the body.

GOT 在任何時候都遵從骨病療法的整體性基本概念，透過身體各部位的解剖、機械和生理上做整合。

### 三、報名資格 Prerequisite :

所有想透過骨病學療法學習的徒手治療師或是有醫療背景相關的從業人員：物理治療師、按摩治療師、皮拉提斯教練、物理治療系學生（最後一年）

### 四、講師介紹 Instructor: Pierre VEY, DO, BI-D



Pierre Vey 是一位法籍的骨病學醫師同時也是物理治療師，目前在法國 BRON 的私人診所執業。自 1999 年以來便投入骨病學派系統及相關技術的教學，並在法國多家骨病學院教授課程成為 Barral Institute 講師後，便活耀於歐亞各地進行教學。

### 五、主辦單位 The Organizer: 心意識全人學苑 Heartfulness Education Ltd.

### 六、協辦單位 TheCo-organizer: 嘉衡健康研究中心、心一空間

### 七、地點 Meeting Site:

心意識全人學苑：高雄市左營區自由二路 230 號 2 樓

Institute : 2F., No.230, Ziyou 2nd Rd., Zuoying Dist., Kaohsiung City 813, Taiwan (R.O.C.)

### 八、人數上限: 30 人(Maximum number of class student) : 30 people

### 九、報名方式與費用 Course Fee - Regulations and Preferential Programs :

#### ■ 課程費用 32000 元

\* 費用不包括午餐，課間休息時間提供茶水飲料及小點心。

■Course fee: NT\$ 32000

The fee does not include lunch. Tea 、 water and snacks available during breaks.

◆匯款資料如下:

國內匯款帳號如下: 台新銀行代號:(812)北高雄分行

帳號: 2046-01-0002601-0

戶名:心光塾有限公司

國外匯款如下:

一、受款人資料 (Beneficiary Information) :

|                                   |  |
|-----------------------------------|--|
| 受款銀行(A/C with Bank)               | Taishin International Bank<br>(SWIFT Code : TSIBTWTP)                                |
| 受款銀行地址(Bank Address)              | No. 360, Bo-ai 2nd Rd, Zuoying District,<br>Kaohsiung City, 813                      |
| 分行別(Branch)                       | North Kaohsiung Branch   |
| 受款人姓名(Beneficiary's Name)         | Heartfulness Education Ltd.  |
| 受款人帳號(Beneficiary's A/C No.)<br>★ | <u>2046-01-0002601-0</u>   |
| 受款人電話(Beneficiary's Tel No.)      | 07-5581026   |
| 受款人地址(Beneficiary's Address)      | 2F., No. 230, Ziyou 2nd Rd., Zuoying Dist.,<br>Kaohsiung City 81358, Taiwan (R.O.C.) |

\*\*國外報名學員:

請於七天內匯款並傳送匯款資訊單的照片及匯款日期，傳送至我們的 Email :

wellbalanced0001@gmail.com 經核對款項後，您的名字進入已匯款名單並完成報名。

\*\*國外匯款帳號，可匯入美金或台幣，依照每堂研習費用不同，會有匯差，我們採<多退少補>，差額的費用請於研習中洽詢櫃台人員。

Please make the transfer within seven days and send a photo of the remittance slip and the remittance date to our email: wellbalanced0001@gmail.com. After verifying the funds, your name will be added to the list of completed payments and your registration will be finalized.

\*\*Important Note for International Participants:

This account is designated for course payments and accepts both USD and NT\$. Due to varying course fees, there may be exchange rate differences. We will adjust the balance accordingly, and any remaining fees can be settled at the registration desk during the course.

## 七、報名流程：sign-up procedure

◇登入報名連結系統→填寫報名表後，名字會在報名名單中，請於 7 天內完成匯款。經系統確認入帳，名字進入錄取名單，即完成報名。

### ■報名順序:

依照繳費完成之順序進行排序，若**逾期未完成繳費**程序，請先至報名系統內確認是否仍在報名名單，如仍在名單中，請盡速繳費；若無在報名名單，請重新登入報名並繳費。

-如報名額滿，系統會從候補名單中通知，若有其它事項會公告在心意識全人學苑網站，若有疑問，可傳訊息在心意識全人學苑網站

<https://www.facebook.com/wellbalanced01>

◇ Log in to the registration link system → After filling out the registration form, your name will appear on the registration list. Please complete the payment within seven days. Once the system confirms the payment, your name will be added to the admitted list, completing the registration.

■ Registration order: The order is based on the completion of the payment. If you fail to complete the payment within the given time, please check the registration system to see if your name is still on the registration list. If your name is still on the list, please make the payment as soon as possible; if your name is not on the list, please log in again to register and make the payment.

- If the registration is full, the system will notify you from the waiting list. Any other updates will be posted on the Heartfulness Education Academy website. If you have any questions, you can send a message on the Heartfulness Education Academy website: <https://www.facebook.com/wellbalanced01>.

If the registration quota is full, the system will notify you from the waiting list. If there are other matters, it will be announced on .

<https://www.facebook.com/wellbalanced01>

## 八、住宿資訊 Accommodation Information :

(一) 世奇商旅：高雄市左營區裕誠路 450 號 / [電話](tel:075572299)： [07 557 2299](tel:075572299) · 步行 500 公尺。

Shi Chi Hotel : No.450, Yucheng Rd., Zuoying Dist., Kaohsiung City 813, Taiwan (R.O.C.) / +886 7 5572299 · 550 meters by walking distance.

(二)理歐 111 計時空間：[地址](#)： 高雄市左營區立信路 111 號/ [電話](tel:0982170885)： [0982 170 885](tel:0982170885) · 步行 500 公尺。

(三)帕可麗酒店(合作廠商)：高雄市鼓山區文信路 192 號/[電話](tel:079628800)： [07 962 8800](tel:079628800) · 步行 750 公尺。

Park Lees Hotel : No.192, Wenxin Rd., Gushan Dist., Kaohsiung City 804, Taiwan (R.O.C.) / +886 7 962 8800, 750 meters by walking distance

(四)巨蛋旅店(合作廠商)：高雄市鼓山區文忠路 1 號 / [電話](tel:075868388)： [07 586 8388](tel:075868388) · 步行 800 公尺。

Hotel R14: No. 1, Wenzhong Rd., Gushan Dist., Kaohsiung City 804, Taiwan (R.O.C.) /+886 7 586 8388, 800 meters by walking distance

\*\*如需入住合作廠商之飯店,請私訊心意識全人學苑之臉書小編,協助入住事宜。

## 九、注意事項 matters need attention

(一)主辦單位提供茶水及小點心，請自備環保杯；若遇天災達停課標準，以網站公告及 Line 群組(開課前 2 週加入學員)為主，不另行個別通知。

The organizer will provide tea and snacks, please bring your own eco-friendly cups. If a natural disaster reaches the standard of suspending classes, announcements on the website and Line groups will be the main ones without any individual notification.

(二)退款機制:繳費後申請退費者，退費規定如下: Mechanism for refund:

The refund regulations are as follows:

1.研習 60 日前提出退費申請者，酌收行政作業費用 2000 元。

Those who apply for the refund 60 days before the start of the course · we will charge you administrative fee of NTD 2,000.

2.研習前第 59 日至 30 日提出退費申請者，退還當期開班約定繳納費用總額百分之 80。

Those who apply for the refund during the 59th to 30th day before the start of classes we will refund you 80% of total fees for the current class.

3.研習前第 30 日至第 7 日提出退費申請者，退還當期開班約定繳納費用總額百分之 50。

Those who apply for the refund from the 30th to the 7th day before the start of the class, we will refunded you 50% of total fee for the current class.

4.研習前第 6 天到前 1 天提出退費申請者，退還當期開班約定繳納費用總額百分之 30。

Those who apply for the refund from the 6th day to 1 day before the start of the course, we will refund you 30% of total fee for the current class.

5.實際研習第 1 日 ( 包含第 1 日 ) 後，恕不退費。

No refunds will be given after the first day of class (including the first day).

詳細辦法，請參考心意識全人學苑網站

<https://www.facebook.com/wellbalanced01>

For details, please refer to the website of Heartfulness Education Academy .

<https://www.facebook.com/wellbalanced01>

**(三)研習開始前兩個月，若報名人數未達 6 成**，主辦單位保留舉辦與否的權利;如遇特殊因素，以致研習停止舉辦，則全額退費。

If the number of registrants does not reach 60% two months before the start of the course, the organizer reserves the right to cancel the course. In case of special circumstances leading to the cancellation of the course, a full refund will be issued.

**(四)錄取名單中**，如遇取消報名者，則由候補名單者中依順序遞補。

In the admission list, if there is a cancellation of registration, the candidates will be admitted in order.from the waiting list.

**(五)為避免觸犯 BI 總部著作權之規定，研習進行中請勿拍照及錄影。**

To avoid violating the copyright regulations of UI headquarters, please do not take photos or videos during the course.

**(六)研習時間、地點如有更改，將另行通知，請務必填寫相關聯絡資訊。**

If there are any changes of class time and location, we will notify you respectively. Please be sure to fill in the relevant contact information.

(七)請著舒適、寬鬆的衣服，便於研習中的操作練習。

Please wear comfortable, loose-fitting clothing to facilitate the practice during the course.