



心意識全人學苑
Heartfulness Education Ltd.



THE
BARRAL
INSTITUTE

心意識全人學苑 Heartfulness Education Ltd.

2F., No. 230, Ziyou 2nd Rd., Zuoying Dist., Kaohsiung City, Taiwan (R.O.C.)

07-5581026

新徒手關節技術手法 – 脊椎與骨盆 (MASP)

New Manual Articular Approach – Spine and Pelvis (MASP)

日期 Date: 2025/08/14~2025/08/16 共 3 天 (8 月 14 日 8:30 am 開始入場)

語言：中英文講義、英文演講、中文口譯

時間 Time : 9:00 a.m. to 5:00 p.m. Days 1-3

(口譯內容需時較長可能延至 p.m.6:00 下課)

9:00 a.m. to 5:00 p.m. Day 4

(口譯內容需時較長可能延至 p.m.5:30 下課)

一、 研習會簡介 Course Description :

新徒手關節技術手法是由法國整骨醫師 Alain Croibier 與 Jean-Pierre Barral 的臨床工作中合作開發出來的治療技術。找到問題源頭並整合了關節的各個方面，包括神經、動脈、骨骼、關節囊和韌帶，以及內臟和情緒連結。以前所未有的方式更溫和、更精確的關節治療方式深入關節並檢查每個關節的神經、血管、韌帶、關節囊附著處和褶皺等結合相關肌肉骨骼的軟組織等處理，可同時了解及觀察身體骨骼之間的直接和間接關係。

此研習中，將對頸椎、胸椎與腰椎骨盆等各類問題有了不同思考方向的介入處理，學員可運用在脊椎與骨盆間與了解並運用其人體神經血管及臟器系統。除此之外，研習涵蓋脊椎骨盆的相關原因鑑別診斷技術，分辨問題的源頭。

Learner Objectives 學習目標

- Identify in detail the anatomy and biomechanics of the spine and pelvis.

辨識脊椎與骨盆之間的解剖結構及生物力學

● Describe typical pain patterns that arise from dysfunction of these areas, and how they relate to the nerves, vascular system, viscera, muscles, and connective tissue.

能描述功能失常的這些區域之典型疼痛模式並可以清楚了解其區域與該神經系統、血管系統、內臟、肌肉及結締組織間之關聯。

● Demonstrate evaluation methods and treatment techniques to facilitate normal functioning of these areas.

透過示範操作及學習精確評估方式及治療技術進而誘發這些區域間功能正常化。

● Describe and demonstrate how to evaluate each major area to determine its primary dysfunction, as well as the anatomical or physiological systems that are contributing to the dysfunction.

闡述講授並示範如何評估這些主要區域之技術，進而有助於辨識失能區的解剖構造及生理系統找出影響主要失能障礙。

● Describe and demonstrate how to treat the anatomical or physiological systems that contribute to the primary dysfunction of each area.

闡述並示範如何治療主要導致失能之區域的解剖及生理上異常狀況。

● Discuss practical integration into treatment sessions.

探討如何將這些技術實務整合至治療過程中。

■ 講師介紹 Instructor : Pierre Vey, DO, PT



Pierre Vey 是一位法籍的骨病學醫師同時也是物理治療師，目前在法國 **BRON** 的私人診所

執業。自 1999 年以來便投入骨病學派系統及相關技術的教學,並在法國多家骨病學院教授

課程, 成為 Barral Institute 講師後便活耀於歐亞各地進行教學。

研習表 Class Outline:

第一天 Day One

9:00 - 12:00

Lecture:

15 minute break mid-way through

Anatomy and biomechanics of the spine and pelvis, contraindications for Manual Articular therapy.

Cervical spine

- Trapezius and sternocleido-mastoidian occipital junction
- Separating induction technique
- Scalenes – anterior, medial, posterior - separating induction technique
- Brachial plexus foramen technique

12:00 - 1:30

Lunch

1:30 – 5:00

15 minute break mid-way through

Cervical spine

- Specific brachial plexus technique
- Suboccipital muscle technique
- Interaophyseal techniques
- Intertransversary muscle technique
- Dura technique

Day Two

9:00 – 12:00

15 minute break mid-way through

Review of Day 1

Thoracic spine

- Vertebrovertebral technique
- Costovertebral joints
 - Head of the ribs
 - Costotransversal joints
 - Posterior angle
 - Lateral angle
 - Combination technique

12:00 - 1:30

Lunch

1:30 – 5:00

15 minute break mid-way through

Lumbar spine

- Soft tissue lumbar mobilization
- Iliolombar technique
- Lumbar plexus

Day Three

9:00 – 12:00

15 minute break mid-way through

Review of Day 2

Pelvis

- Sacroiliac ligament
- Sacrospinous ligament
- Sacrotuberous ligament
- Sacrococcygeal ligament
- Transverse acetabular ligament (superior and inferior transverse)

12:00 - 1:30

Lunch

1:30 – 5:00

15 minute break mid-way through

Sacral plexus

Visceral connections

Emotional connections

Question and Answer

■報名資格 Prerequisite：適合從事徒手工作者及有興趣的相關醫療人員

二、主辦單位 The Organizer：心意識全人學苑 Heartfulness Education Ltd.

三、協辦單位 The Co-organizer：嘉衡健康研究中心、心一空間

四、研習地點 Meeting Site：

心意識全人學苑:高雄市左營區自由二路 230 號 2 樓

Heartfulness Education Ltd. : 2F., No.230, Ziyou 2nd Rd., Zuoying Dist., Kaohsiung City 813, Taiwan (R.O.C.)

五、人數上限: 30 人(含複訓 2 名)

Maximum number of class student: 30 people (including 2 people of refresher training)

※複訓者：請填寫資料在備註欄裡註明<複訓,以及第一次上課的年月份>。

※For those who are returning training to the class: Please fill in your information and indicate < refresher training, and the year /month of the first class> in the remarks column.

六、報名方式與費用 The way to register and fee

■研習費用 **28000 元**

費用不包括午餐，課間休息時間提供茶水及小點心。

■Course fee: **NT\$ 28000**

The fee does not include lunch. Tea、water and snacks available during breaks.

◆匯款資料如下:

國內匯款帳號如下: **台新銀行代號:(812)北高雄分行**

帳號: 2046-01-0002601-0

戶名:心光塾有限公司

國外匯款如下:

一、受款人資料 (Beneficiary Information) :

受款銀行(A/C with Bank)	Taishin International Bank (SWIFT Code : TSIBTWTP)
受款銀行地址(Bank Address)	No. 360, Bo-ai 2nd Rd, Zuoying District, Kaohsiung City, 813
分行別(Branch)	North Kaohsiung Branch
受款人姓名(Beneficiary's Name)	Heartfulness Education Ltd.
受款人帳號(Beneficiary's A/C No.)★	<u>2046-01-0002601-0</u>
受款人電話(Beneficiary's Tel No.)	07-5581026
受款人地址(Beneficiary's Address)	2F., No. 230, Ziyou 2nd Rd., Zuoying Dist., Kaohsiung City 81358, Taiwan (R.O.C.)

**國外報名學員:

請於**七天內**匯款並傳送匯款資訊單的照片及匯款日期，傳送至我們的 Email :

wellbalanced0001@gmail.com 經核對款項後，您的名字進入已匯款名單並完成報名。

**國外匯款帳號，可匯入美金或台幣，依照每堂研習費用不同，會有匯差，我們採<多退少補>，差額的費用請於研習中洽詢櫃台人員。

Please make the transfer within seven days and send a photo of the remittance slip and the remittance date to our email: wellbalanced0001@gmail.com. After verifying the funds, your name will be added to the list of completed payments and your registration will be finalized.

**Important Note for International Participants:

This account is designated for course payments and accepts both USD and NT\$. Due to varying course fees, there may be exchange rate differences. We will adjust the balance accordingly, and any remaining fees can be settled at the registration desk during the course.

七、報名流程 : sign-up procedure

◇登入報名連結系統→填寫報名表後，名字會在**報名名單**中，請於**7天內**完成匯款。經系統確認入帳，名字進入**錄取名單**，即完成報名。

■報名順序:

依照繳費完成之順序進行排序，若**逾期未完成繳費**程序，請先至報名系統內確認是否仍在報名名單，如仍在名單中，請盡速繳費；若無在報名名單，請重新登入報名並繳費。

-如報名額滿，系統會從候補名單中通知，若有其它事項會公告在心意識全人學苑網站，若有疑問，可傳訊息在心意識全人學苑網站 <https://www.facebook.com/wellbalanced01>

◇ Log in to the registration link system → After filling out the registration form, your name will appear on the registration list. Please complete the payment within seven days. Once the system confirms the payment, your name will be added to the admitted list, completing the registration.

■ Registration order: The order is based on the completion of the payment. If you fail to complete the payment within the given time, please check the registration system to see if your name is still on the registration list. If your name is still on the list, please make the payment as soon as possible; if your name is not on the list, please log in again to register and make the payment.

- If the registration is full, the system will notify you from the waiting list. Any other updates will be posted on the Heartfulness Education Academy website. If you have any questions, you can send a message on the Heartfulness Education Academy website: <https://www.facebook.com/wellbalanced01>.

If the registration quota is full, the system will notify you from the waiting list. If there are other matters, it will be announced on .

<https://www.facebook.com/wellbalanced01>

八、住宿資訊 Accommodation Information :

(一) 世奇商旅：高雄市左營區裕誠路 450 號 / 電話：07 557 2299，步行 500 公尺。

Shi Chi Hotel : No.450, Yucheng Rd., Zuoying Dist., Kaohsiung City 813, Taiwan (R.O.C.) / +886 7 5572299。550 meters by walking distance.

(二)理歐 111 計時空間：地址：高雄市左營區立信路 111 號/ 電話：0982 170 885，步行 500 公尺。

(三)帕可麗酒店(合作廠商)：高雄市鼓山區文信路 192 號/電話：07 962 8800，步行 750 公尺。

Park Lees Hotel : No.192, Wenxin Rd., Gushan Dist., Kaohsiung City 804, Taiwan (R.O.C.) / +886 7 962 8800, 750 meters by walking distance

(四)巨蛋旅店(合作廠商)：高雄市鼓山區文忠路 1 號 / 電話：07 586 8388，步行 800 公尺。

Hotel R14: No. 1, Wenzhong Rd., Gushan Dist., Kaohsiung City 804, Taiwan (R.O.C.)
/+886 7 586 8388, 800 meters by walking distance

**如需入住合作廠商之飯店,請私訊心意識全人學苑之臉書小編,協助入住事宜。

九、注意事項 matters need attention

(一)主辦單位提供茶水及小點心，請自備環保杯；若遇天災達停課標準，以網站公告及 Line 群組為主，不另行個別通知。

The organizer will provide tea and snacks, please bring your own eco-friendly cups. If a natural disaster reaches the standard of suspending classes, announcements on the website and Line groups will be the main ones without any individual notification.

(二)退款機制:繳費後申請退費者，退費規定如下: Mechanism for refund:

The refund regulations are as follows:

1. 研習 60 日前提出退費申請者，酌收行政作業費用 2000 元。

Those who apply for the refund 60 days before the start of the course，we will charge you administrative fee of NTD 2,000.

2. 研習前第 59 日至 30 日提出退費申請者，退還當期開班約定繳納費用總額百分之 80。

Those who apply for the refund during the 59th to 30th day before the start of classes we will refund you 80% of total fees for the current class.

3. 研習前第 30 日至第 7 日提出退費申請者，退還當期開班約定繳納費用總額百分之 50。

Those who apply for the refund from the 30th to the 7th day before the start of the class, we will refunded you 50% of total fee for the current class.

4. 研習前第 6 天到前 1 天提出退費申請者，退還當期開班約定繳納費用總額百分之 30。

Those who apply for the refund from the 6th day to 1 day before the start of the course, we will refund you 30% of total fee for the current class.

5. 實際研習第 1 日 (包含第 1 日) 後，恕不退費。

No refunds will be given after the first day of class (including the first day).

詳細辦法，請參考心意識全人學苑網站 <https://www.facebook.com/wellbalanced01>

For details, please refer to the website of Heartfulness Education Academy .

<https://www.facebook.com/wellbalanced01>

(三) 研習開始前兩個月，若報名人數未達 6 成，主辦單位保留舉辦與否的權利;如遇特殊因素，以致研習停止舉辦，則全額退費。

If the number of registrants does not reach 60% two months before the start of the course, the organizer reserves the right to cancel the course. In case of special circumstances leading to the cancellation of the course, a full refund will be issued.

(四) 錄取名單中，如遇取消報名者，則由候補名單者中依順序遞補。

In the admission list, if there is a cancellation of registration, the candidates will be admitted in order from the waiting list.

(五) 為避免觸犯 BI 總部著作權之規定，研習進行中請勿拍照及錄影。

To avoid violating the copyright regulations of UI headquarters, please do not take photos or videos during the course.

(六) 研習時間、地點如有更改，將另行通知，請務必填寫相關聯絡資訊。

If there are any changes of class time and location, we will notify you respectively. Please be sure to fill in the relevant contact information.

(七) 請著舒適、寬鬆的衣服，便於研習中的操作練習。

Please wear comfortable, loose-fitting clothing to facilitate the practice during the course.